



Improving Your Life Through Hypnotherapy

Please join **Garry Gewant, Director/Lead Hypnotherapist of HYPE4LIFE and Author of the book "I'll Take Hypnosis with a Side of Mediumship: A Journey from Atheism to Spirituality"**

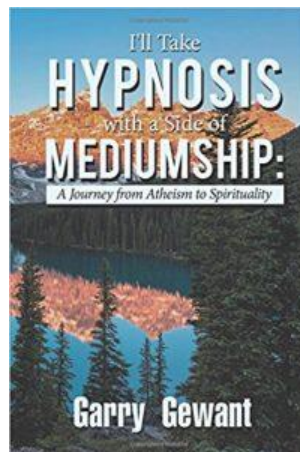
Tuesday, May 22nd from 6:30-8:30pm in our Gathering Room,

as he talks about the uses of hypnosis as a therapy for:

- Smoking cessation
- Weight and stress management
- Elimination of fears and phobias
- Improving artistic, sports and academic performance
- Past life regression

More than just a lecture; experimental as well as educational. Garry will be happy to demonstrate hypnosis to any participant who is curious about how it feels to be hypnotized.

Garry will also discuss his book "I'll Take Hypnosis with a Side of Mediumship: A Journey from Atheism to Spirituality". He will also explain the differences between Psychic and Mediumship.



(Copies of his book will be available for purchase)

Registration Requested

Call 973-691-8686 Ext. 106 or [click here](#) to register